



AZIZA Dream Camp

July week long menu

	SUNDAY 4th	MONDAY 5th	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th	SATURDAY 10th
LUNCH	No lunch	Frittata Green salad Vegetables and dip	Veggie burgers Pasta salad Vegetables and dip	Humos, tzasiki, and pita bread Greek salad Vegetables and dip	Asian noodle salad Cucumber salad Vegetables and dip	Quiche Green salad Vegetables and dip	Breakfast only
SUPPER	Vegetarian lasagna, garlic bread green salad yogurt - fruits	Quiche, potage, green salad Cheese and fruits sorbet	Tacos, rice and beans, chips and salsa, and margaritas Pineapple, mango papaya	Vegetarian cous cous, humus, tabouli green salad Apple pie	Stir fry, rice, vegetarian pot stickers Milk and cookies	Pasta, bruschetta, green salad White cake and ice cream	

SNACK TABLE: Available all day: Fruit, protein bars, nuts, chocolate, water, coffee, and tea.

BREAVAGACE: Juices, coffee, tea, local natural spring water, Mineral water, wine.